

REGINA CATHOLIC ELEMENTARY SCHOOLS
TRACK AND FIELD
SCHEDULE OF EVENTS- 2025
Day One

TIME	BOYS			GIRLS		
	U12	U14	14+	U12	U14	14+
9:45	High	Long	200mH	Shot	Triple	200 mH
10:00	200 mH					
10:15				200 mH		
10:30					200 mH	
10:45	Long	200 mH		Triple		
11:00	800 mF				Shot	
11:15			High			800 mF
11:30				800 mF		
11:45			800 mF			
12:00					800 mF	
12:15		800mF				
12:30	60 mH		Long			Triple
12:45		High		60 mH		Shot
1:00					80 mH	
1:15		80 mH				
1:30	60 mF			60 mF		
1:45		80 mF			80 mF	
2:00						Relay H
2:15			Relay H			
2:30	Relay H					
2:45				Relay H		
3:00		Relay H				
3:15					Relay H	
3:30			200 mF			200 mF
3:45	200 mF			200 mF		
4:00		200 mF			200 mF	

**REGINA CATHOLIC ELEMENTARY SCHOOLS
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Day Two**

	BOYS			GIRLS		
TIME	U12	U14	14+	U12	U14	14+
9:15			1500 mF			1500 mF
10:15	Shot	400 mH		High		
10:30			Triple		400 mH	Long
10:45	400 mH					
11:00				400 mH		
11:15						400 mH
11:30		Triple	400 mH			
11:45	80 mH		Shot	80 mH	Long	High
12:00			100 mH			
12:15						100 mH
12:30		100 mH				
12:45	Triple			Long	100 mH	
1:00	80 mF	Shot		80 mF	High	
1:15	400 mF		400 mF			
1:30				400 mF		400 mF
1:45		400 mF			400 mF	
2:00			100 mF		100 mF	
2:15		100 mF				100 mF
2:30	Relay F					
2:45				Relay F		
3:00		Relay F			Relay F	
3:15						Relay F
3:30			Relay F			
3:45						
4:00						
4:15						
4:30						
4:45						